

FOR IMMEDIATE RELEASE

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CONTACT:

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Pastoral Counseling Services Offers Free Lunchtime Series

MANCHESTER, NH – Pastoral Counseling Services is offering free, month-long lunchtime series called *101 Series: Basics for Life* beginning September 15th from noon to 1:00 PM. Each session is open to the public and participants can bring lunch to Hampshire First Bank, 80 Canal St., Manchester .

Topics will be:

- September 15th - *Basics for a Fulfilled Life* by the Rev. Dr. Calvin Genzel
- October 20th - *Basics for Couples* by the Rev. Dr. P. Mark Watts
- November 17th - *Basics for Coping with the Holidays* by the Rev. Dr. David B. Reynolds
- December 8th - *Basics for a Balanced Recovery* by the Rev. Dr. Calvin Genzel

“PCS provides a high caliber of community education programs that help people attend to healing and growing in their lives, relationships, and families,” stated The Rev. Dr. David B. Reynolds, vice president of community services. “Our diverse programs reach out to various age groups and needs in the community.”

For additional information and/or to register, please call Dr. Reynolds at 627-2702.

It is the mission of Pastoral Counseling Services to have a positive impact on individuals, families, and their communities through counseling services that integrate mind, body and spirit.

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